

Are you of pension age?

You could be eligible for extra money to help you.

Attendance Allowance is paid to people who struggle with day-to-day personal care tasks such as;

- **Dressing**
- **Showering or bathing**
- **Getting in and out of a chair or a bed**
- **Moving around safely at home**

or people who need a lot of supervision because of memory problems or poor mental health.

It is not means-tested, so it doesn't matter what your income and savings are.

To find out more call DWP on 0800 731 0122 or visit www.gov.uk/attendance-allowance

At Age UK Oxfordshire we can offer advice and top tips for making an application.

Please call 0345 450 1276 or visit www.ageuk.org.uk/oxfordshire/about-us/cost-of-living