

# Are you experiencing rising living costs due to fuel bills?

Get practical advice on saving energy, accessing grants and financial support.

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“Thank you so much for arranging our grant. And so quickly! Your help is much appreciated.”

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**FREE  
help**

This is a free service, supported by Oxfordshire County Council, which could save you money, make your living space more comfortable, reduce stress and improve your health.



**Find out more**  
**0800 107 0044**  
[www.bhbh.org.uk](http://www.bhbh.org.uk)



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